

# PSAT: Strategy Development

*Developing the test-taking skills required to succeed*

## Overview

In this program students will work in collaboration with a mentor to explore and develop various test-taking strategies in order to succeed in the PSAT. These skills will be transferable to the SAT if the student were to take that standardised test further down the road. Students will learn that the PSAT is a practice version of the SAT, but is a useful stepping stone to the college admission process; it tests what you learn in high school and what you need to succeed in college rather than focusing on specific content. Students will work with a mentor to understand and hone the appropriate skill set. Lastly, they will develop these skills through completing practice exams with their mentor, discussing and evaluating the “how” and “why” of various questions and answers.



## Objectives

- Identify strengths and weaknesses
- Develop efficient test-taking strategies to excel at the PSAT and SAT
- Evaluate “how” and “why” certain answers were reached
- Develop all round mastery of Reading, Writing and Maths

## Structure

- Introduction: review of all sections of the test and understand what is being asked and why.
- Identification: Student will identify their strengths and weaknesses in order to make a list of their short- and long-term goals.
- Analysis: After completing a practice test, students will receive an analysis of the various sections from their mentor. They will collaborate to determine whether the student's goals and reflection of their abilities were accurate and make the necessary adjustments.
- Discover: Students will navigate the test through tips and tricks for answering questions of the various sections. They will then discern the strategies that are most effective for them and implement them during practice questions and exams. Students will also part take in activities to develop these skills (i.e. puzzle making, card games, action games).
- Discussion: Students will work with a mentor to go through practice exams and questions; they will be asked to discuss and note down the steps taken to answer each question.
- Evaluation: In collaboration with their mentor, students will walk through the various questions and discuss “how” and “why” we arrived at the appropriate answer.

